

# We want to hear **YOUR IDEAS**



## ...on how to improve our **Addiction & Mental Health** system

To enhance the experience of family caregivers dealing with the Addiction and Mental Health system, **The Change Foundation** is funding a three-year initiative that will bring together people, resources and ideas. The prime goals of our project, known as **EMBRACE**, are to expand the resources available to family caregivers... and have health care providers 'embrace' the important role family caregivers play in the recovery of their loved ones from addiction and/or mental illness.

If you'd like to get involved in this potentially life-changing project,  
contact the Project Team at **613-936-4676** or [embrace@cornwallhospital.ca](mailto:embrace@cornwallhospital.ca)



Cornwall & District  
Family Support  
Group



Community Addiction and  
Mental Health Services  
Services communautaires de santé  
mentale et de dépendances



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