



**Seaway Valley  
Community Health Centre**  
*Working with you for a Healthier Community*



**Rainbow Health Ontario**  
Sherbourne Health Centre  
333 Sherbourne Street  
Toronto, ON, M5A 2S5

## **Trans and Gender Diverse Primary Care**

This 1-day module is approved for 5 CME credits for health care providers in a prescribing role.

### Objectives:

The objectives of the Trans & Gender Diverse Primary Care program are for participants to leave the session able to:

- provide holistic community-based gender-affirming services to trans and gender diverse clients;
- take a gender history, assess and diagnose gender dysphoria in accordance with WPATH Standards of Care
- describe the informed consent process for initiating hormone therapy
- initiate and monitor hormone replacement therapy;
- utilize clinical guidelines to inform and guide practice; and to,
- provide ongoing preventative care for trans and gender diverse clients.

### Agenda:

Respectful Engagement  
Assessment

Lunch break

Feminizing Hormones  
Masculinizing Hormones

Discussion and opportunities to practice as follows:

1. Gender-focused introduction, small group discussion
2. Discussion of birth assigned sex vs gender identity
3. Barriers to care, small group discussion
4. Discussion of barriers to care vs Principles of Trans Affirming care.
5. Discussions post videos
6. Case study opportunities to practice assessment, diagnosis, and documenting a gender history, (small group work)
7. Case study: initiation of feminizing hormones
8. Case study: initiation of masculinizing hormones

**Materials will be provided by Rainbow Health Ontario.**